As both an academic and a practicing surgeon, Dr. Olson keeps abreast of the latest advancements in her field. “Great strides have been made in cosmetic enhancement in recent years. I think the paradigm of facial surgery has gone from being aggressive—with lots of pulling and stretching—to more MINIMALLY INVASIVE PROCEDURES, including the use of LASERS.”

Dr. Olson finds herself utilizing more fillers such as the injectable gel Restylane® and Botox®. “I use Botox for facial shaping as well as for wrinkles,” she explains. “FILLERS AND BOTOX provide an elegant, less surgical looking result. Instead of removing tissue, I attempt to maintain fullness in the face. In the body, you may want to lose weight, but in the face the less soft tissue present, the older you look. SHAPING AND CONTOURING can allow for a more NATURAL AND YOUTHFUL APPEARANCE. Even in the eyelids, preserving fat can prevent people from looking hollow.”

“Today’s ophthalmic aesthetic surgeries and minimally invasive techniques can dramatically improve the way people look and feel about themselves,” says Dr. Jane J. Olson. An assistant clinical professor at Yale University and past director of Yale oculoplastic and orbital surgery, Dr. Olson has been in private practice for a decade and is experienced in performing aesthetic eyelid surgery.

I believe in combining surgical and nonsurgical treatments in a nuanced fashion to achieve the most natural facial results,” she says. “There are a number of treatment options, from blepharoplasty to facial sculpting with fillers, which can help turn back the clock, leaving the face fresher and more natural looking.” When evaluating patients, Dr. Olson takes the necessary time to assess their desires, decide on the most appropriate treatment plan for that individual, and then see the person through the entire process of aesthetic improvement. Dr. Olson focuses on giving her patients a more youthful appearance while maintaining a nonsurgical look. In many cases she does so by using a combination of surgery, fillers, Botox® , and general skin care. “Fillers can often provide what surgery can’t, and vice versa,” she says. “All patients have their own individualized plan.”}

Connecticut Ophthalmic Facial Plastic Surgery has two convenient locations, in Norwalk and Greenwich. Both offices are very boutique-like. One of the offices is complete with an AAAA-certified operating suite where she performs laser eyelid surgery and ptosis surgery, along with many other procedures in the brow and orbital region. No matter what the treatment plan is, all of Dr. Olson’s services are provided in an approachable, friendly and caring manner. “Getting my patients looking more rested and refreshed is our goal.” 203-857-0115, 203-629-0125 or newbeauty.com/olson.